



*Under the direction of Chef Monty Chawla, our culinary team presents a refined and diverse dining experience for members and guests, with the majority of our menu thoughtfully prepared in-house, including our signature sauces, dressings, and dips. Gluten-friendly (GF) and health-conscious (HC) selections are clearly identified. While Willow Park is not a gluten- or nut-free facility, we are pleased to accommodate dietary preferences and allergies whenever possible.*

## Starters

**Honey Sriracha Chicken Slider** crispy fried chicken breast, honey sriracha, coleslaw and pickles on a slider bun | 9

**Chicken Wings** 10 chicken wings deep fried, served with carrot & celery sticks and ranch dip, tossed with choice of sauce or rub - Frank's hot sauce, teriyaki BBQ, honey sriracha, Korean BBQ, salt & pepper, mango chipotle rub, maple bacon rub | 18

**Chicken Gyoza** 10 Japanese style dumplings pan fired & served with sweet chili and soya sauce | 18

**Thai Chicken Lettuce Wrap** crispy fired chicken, julienne carrots, peanuts, bell peppers, onions, bean sprouts, wonton strips and spicy peanut sauce served with a hearts of romaine lettuce | 18

**Lobster & Shrimp Cakes** pan fried, served with mango salsa and sweet & spicy mango aioli | 18

**Salt & Pepper Pork Ribs** crispy fried bone in pork ribs served with carrot & celery sticks and creamy mustard sauce | 18

**Beef Barbacoa Tacos** (2 pieces) chipotle flavoured shredded beef, mixed cheese, shredded lettuce, bell peppers, fresh onion & cilantro, served in flour tortillas with side of fresh lime & salsa verde | 18

**Nachos** corn chips, mixed cheese, black olives, green onions, tomatoes, bell peppers, jalapenos, salsa & sour cream | small plate 18 | large plate 24 | guacamole add 4 | spicy beef or chicken add 5 | extra cheese add 4

## Flatbread Pizza

**Chicken Bacon Ranch** chicken, bacon, bell peppers, pickled jalapenos, mozzarella cheese and ranch | 16

**Pesto Garden Vegetable** bell peppers, mushrooms, onions, tomatoes, olives, pesto and mozzarella cheese | 16

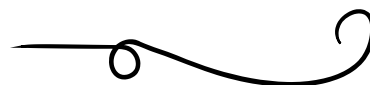
**Italian** genoa salami, pepperoni, Italian sausage, mozzarella cheese & pizza sauce | 16

## Soup

**Chef's Daily Soup** choice of garlic toast or pretzel stick | cup 5 | bowl 8

**Wor Wonton Soup** pork wontons, chicken, shrimp, broccoli, carrots, snap peas, bean sprouts & green onions in chicken stock | 15

**Soup & Salad Combo** Chef's daily soup & choice of side garden salad with choice of garlic toast or pretzel stick | 10



## Salads

served with choice of garlic toast or pretzel stick | add grilled salmon 12 | add grilled chicken or grilled prawns 7 | *GF bread by request for an additional \$1*

**Classic Caesar Salad** crisp romaine lettuce, garlic croutons, shredded parmesan, lemon & house made caesar dressing | 9 or 14 *GF without croutons / HC*

**Thai Prawn Salad** romaine, rice noodles, carrots, cucumbers, mandarin oranges, snap peas, bean sprouts, grilled prawns & sweet & spicy Thai peanut dressing | 16 or 21

**Teriyaki Salmon Salad** teriyaki salmon, cucumber, carrots, grilled pineapple, mandarin oranges, pickled ginger & sesame soya ginger vinaigrette | 20 or 25 *GF / HC*

**Grilled Chicken Cobb Salad** romaine lettuce, grilled chicken, bacon, boiled egg, tomatoes, cucumber, avocado, gorgonzola cheese & blue cheese dressing | 16 or 21 *GF / HC*

**Grilled Chicken & Strawberry Salad** mixed greens, grilled chicken, strawberry, apple, sundried apricots, carrots, goat cheese & maple dijon vinaigrette | 16 or 21 *GF / HC*

## Rice Bowls & Pasta

**Butter Chicken** marinated pieces of chicken breast simmered in East Indian creamy tomato sauce, served over basmati rice with naan bread | 16 or 25 *GF without naan*

**Chicken Pappardelle** chicken, bacon, sundried tomato, spinach, onions and pappardelle pasta in pesto cream sauce, served with garlic toast | 16 or 25

**Korean Chicken Rice Bowl** crispy fried chicken bites in Korean BBQ sauce, steamed rice, green onions, cashews, carrots, cucumber & gochujang mayo | 25

**Jambalaya** chicken, sausage, prawns, bell peppers, onions and penne pasta in spicy fire roasted tomato sauce, served with garlic toast | 16 or 25

**Sesame Soya Ginger Stir-fry** crisp oriental vegetables stir fried with cashews and choice of chicken or tiger prawns, served over a bed of rice | 16 or 25

**Seafood Linguini** prawns, mussels, clams, scallops, onions & bell peppers in rose sauce with linguini pasta, served with garlic toast | 30

**Black Bean Beef Stir-fry** tender pieces of beef stir fried with broccoli, mushrooms & onions in a black bean sauce served over rice | 25 *GF*

## Vegetarian

**Quesadilla** black beans, bell peppers, mushrooms, onions and mixed cheese grilled in a tortilla shell, served with salsa & sour cream | 14

**Vegetable Stir-fry** crisp oriental vegetables stir-fried with cashews in sesame soya ginger sauce, served over rice | 16 or 23

**Pasta Primavera** penne pasta tossed with bell peppers, onions, mushrooms, broccoli in a rose sauce, served with garlic toast | 16 or 23

**Black Bean Burger** black bean patty, lettuce, tomato, pickle, cajun mayo and cheddar cheese on a brioche hamburger bun with choice of soup, salad or fries | 20

**Asian Rice Bowl** crispy fried tofu, mango, carrots, green onions, cucumber, steamed rice, sesame ginger vinaigrette | 23 *GF*



# Burgers & Sandwiches

all burgers & sandwiches are served with choice of soup or salad or fries  
vegetables & dip add 2 | lattice or sweet potato fries add 2 | caesar salad add 1  
*GF bread available on request for an additional \$2*

**Housemade Beef Chuck Burger** 6 oz beef chuck burger, cheddar cheese, tomato, bacon, lettuce, pickle, cajun remoulade on a brioche bun | 24 *GF bun option*

**Mexican Beef Burger** housemade beef chuck burger with tomato corn salsa, cheddar cheese, avocado, jalapeno aioli and lettuce on a brioche hamburger bun | 24 *GF bun option*

**Philly Beef Dip Sandwich** slow roasted beef, sauteed bell peppers, onions, mushrooms and swiss cheese on a filone bun with au jus | 20

**Steak Sandwich** 8 oz cab striploin steak, sautéed mushrooms, fried onions and garlic toast | 36

**Nashville Chicken Sandwich** crispy fried chicken breast, pickles, mango chipotle BBQ sauce, chipotle coleslaw, on a brioche hamburger bun | 21

**Burrito Chicken Wrap** grilled chicken breast, rice, bell peppers, black beans, lettuce, mixed cheese, salsa and ranch in a salsa flavoured tortilla wrap | 20

**Willow Club Sandwich** turkey, cheddar cheese, bacon, fried egg, lettuce, tomato and mayo on your choice of multigrain, white or whole wheat bread | 20

# Entrees

**8 oz CAB Striploin** topped with choice of brandy peppercorn sauce, hunter sauce, or fresh herb & garlic infused butter, served with chef's choice potato & seasonal vegetables | 39 | add garlic prawns | 7 *GF*

**Fish & Chips** tempura battered haddock served with coleslaw, tarter sauce, fries & gravy | 1 piece 16 | 2 pieces 24

**Hazelnut Crusted Mahi-Mahi** with chili lime cream sauce, served with chef's choice potato & seasonal vegetables | 33 *GF*

**Grilled Pork Chop** 10 oz centre cut pork chop, creamy dijon mustard sauce, served with chef's choice potato & seasonal vegetables | 30

**Creamy Tuscan Salmon** Atlantic salmon fillet, spinach & sundried tomato cream sauce served with chef's choice potato & seasonal vegetables | 30 *GF*

**Chicken Fingers** (5 pieces) house made crispy chicken fingers with plum sauce, choice of fries or caesar salad | 20

# Desserts

**Sticky Toffee Pudding** served warm with vanilla ice cream & candied pecans | 9

**Crème Brulé Cheesecake** with mixed berry compote & vanilla flavoured whipped cream | 9

**Flourless Chocolate Brownie** served warm with vanilla ice cream & chocolate sauce | 9 *GF*

**Triple Chocolate Mousse Cake** served with vanilla flavoured whipped cream | 9

