The Club is committed to providing members and guests an array of menu options. Several gluten free choices - indicated GF on the menu - as well as healthy choice items indicated HC on the menu are offered. Please note, Willow Park is not a gluten free facility.

Starters

Mango & Avocado Rice Paper Rolls served with sweet chili | 15 new

Chicken Wings 10 pieces of Brazilian chicken wings with carrot & celery sticks, ranch dip, choice of hot sauce, teriyaki sauce, sweet chili sauce, BBQ sauce, maple bacon rub, salt & pepper, honey sriracha or mango chipotle rub | 17 *GF without teriyaki* **Chicken Gyoza** 10 pieces of chicken dumplings served with sweet chili & soya sauce | 15

Asian Chicken Lettuce Wraps grilled chicken breast, cashews, bell peppers, green onions, crispy chow mien noodles, water chestnut & romaine lettuce | 16 *HC*

Chicken Quesadilla chicken, bell peppers, onions, mushrooms, black beans, mixed cheese in flour tortilla, served with salsa & sour cream | 15 *new*

Salt & Pepper Pork Ribs served with carrot & celery sticks, creamy mustard sauce | 15 *GF*

Prime Rib Slider served with cajun remoulade & crispy onion ring in a Polynesian bun | 7

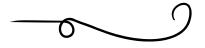
Steamed Mussels P.E.I. mussels steamed in white wine pesto cream sauce, served with garlic toast | 15 *GF without garlic toast new*

Calamari crispy fried squid rings, bell peppers, onions & banana peppers with cajun remoulade | 16

Coconut Crusted Prawns with pineapple chutney | 16 new

Fish Tacos two tacos with mixed cheese, cabbage, avocado, salsa, crispy fried basa fish with sriracha aioli in flour tortillas | 15

Nachos corn chips, mixed cheese, olives, green onions, tomato, bell peppers, jalapenos, salsa & sour cream | small plate 17 | large plate 24 | guacamole add 3 | spicy beef or chicken add 4 | extra cheese add 3 *GF*



Soup

Chef's Choice of Daily Soup served with choice of garlic toast or potato scallion bun cup 4 bowl 7

Wor Wonton Soup chicken, shrimp, pork wontons, broccoli, snap peas, carrots, bean sprouts & green onions in chicken broth | 12



Salads

served with choice of garlic toast or potato scallion bun | add grilled salmon 10 | add grilled chicken or grilled prawns 6 | *GF bread by request for an additional* \$1

Classic Caesar Salad romaine lettuce, parmesan & garlic croutons in house made caesar dressing | 8 or 13 *GF without croutons / HC*

Candied Pecan & Apple Salad spinach, apples, candied pecans, sundried cranberries, pumpkin seeds, goat cheese, apple vinaigrette | 9 or 14 *GF/HC*

Chicken Cobb Salad romaine lettuce, boiled egg, grilled chicken breast, bacon, tomato, cucumber, avocado, blue cheese & blue cheese dressing | 15 or 20 *GF /HC*

Honey Garlic Glazed Bacon Wrapped Chicken Salad Tuscan greens, bacon wrapped chicken skewers, carrots, strawberries, almonds, apples & maple Dijon vinaigrette 20 *GF new*

Teriyaki Salmon Salad teriyaki salmon, Tuscan greens, bean sprouts, snap peas, carrots, cucumber, mandarin oranges, pickled ginger & sesame soya ginger vinaigrette | 23 *GF/HC*

Ahi Tuna Wasabi Salad grilled ahi tuna, avocados, spinach, mushrooms, red peppers, edamame beans, cucumber, pickled ginger, red onions & creamy wasabi dressing | 22 *GF new*

Thai Peanut Shrimp Salad tiger prawns, romaine, carrots, cucumber, mandarin oranges, peanuts, snap peas, rice noodles, bean sprouts, sweet & spicy peanut dressing | 15 or 20 *new*

Spicy Beef Taco Bowl Salad romaine lettuce, spicy ground beef, black beans, mixed cheese, green onions, tomatoes, bell peppers, salsa, ranch dressing | 20 *HC*

Entrees

Fish & Chips tempura battered haddock served with coleslaw, tarter sauce, fries & gravy | 1 piece 14 | 2 pieces 22

Proscuitto Wrapped Atlantic Salmon fruit salsa, served with chef's choice of potato & seasonal vegetables | 27 *new*

Blackened Mahi-Mahi creole prawns, served with chef's choice of potato & seasonal vegetables 28 *new*

8 oz New York Striploin served with chef's choice of potato & seasonal vegetables topped with choice of brandy peppercorn sauce, hunter sauce *GF*, or fresh herb & garlic infused butter | 30 | add garlic sautéed prawns | 6 *GF*

Beef Bourguignon tender pieces of beef braised in red wine with pearl onions, carrots, mushrooms & bacon, served over mashed potatoes 24 *new*

Bacon Wrapped Pork Tenderloin wild mushroom & marsala wine sauce, served with chef's choice of potato & seasonal vegetables | 25 *GF*

Chicken Cordon Bleu breaded chicken breast stuffed with ham & swiss cheese, white wine cream sauce, served with chef's choice of potato & seasonal vegetables | 24 *new*

Chicken Tenders (5 pieces) house made crispy chicken tenders, plum sauce, choice of fries or caesar salad | 16



Burgers & Sandwiches

all burgers & sandwiches are served with choice of soup or salad or fries vegetables & dip add 2 | lattice or sweet potato fries add 2 | caesar salad add 1 *GF bread available on request for an additional \$2*

Elk Burger elk patty, fig jam, blue cheese, fried onion ring, lettuce & roasted garlic aioli on a brioche hamburger bun | 18 *new*

Premium Beef Prime Rib Burger with bacon, sauteed mushrooms, cheddar cheese, cajun remoulade, tomato & lettuce on a brioche bun | 18 *option for GF bun*

Steak Sandwich 8 oz certified angus beef striploin, garlic toast, sautéed mushrooms & crispy onions | 28

Roast Beef Dip roast beef, caramelized onions, swiss cheese on a panini bun with red wine jus | 17

Montreal Smoked Meat Sandwich smoked meat, swiss cheese, sauerkraut & dijon on rye bread | 16

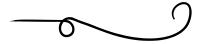
Willow Park Club Sandwich turkey, fried egg, bacon, cheddar cheese, lettuce & tomato on your choice of whole wheat, white, multigrain or rye bread | 17

Pesto Chicken & Bacon Ciabatta grilled chicken breast, bacon, caramelized onions, roasted red peppers, spinach, banana peppers, jalapeno havarti cheese & pesto mayo on a ciabatta bun | 18 *new*

Nashville Chicken Sandwich crispy fried chicken breast, mango chipotle BBQ sauce, chipotle coleslaw & pickles on a brioche hamburger bun | 18

Buffalo Chicken Wrap crispy fried chicken, buffalo sauce, carrots, mixed cheese, lettuce, tomatoes & ranch dressing wrapped in a flour tortilla | 17

Grilled Chicken Caesar Wrap grilled chicken breast, romaine, parmesan & house made Caesar dressing in a flour tortilla | 17 *new*



Flatbread Pizza

Spicy Italian Pizza Italian sausage, pepperoni, salami, mushrooms, bell peppers, pizza sauce & mozzarella cheese | 15

Chicken Caesar Pizza chicken, bacon, jalapenos, mozzarella cheese & caesar dressing | 15

Tandoori Chicken Pizza tandoori chicken, butter chicken sauce, bell peppers, onions, banana peppers & mozzarella cheese | 15 *new*



Rice Bowls & Pasta

Butter Chicken marinated pieces of chicken breast simmered in an authentic East Indian tomato cream sauce, served with basmati rice & naan bread | 22 *GF without naan bread*

Chicken Pappardelle chicken, bacon, spinach, roasted red pepper, green peas & pappardelle, tossed in pesto cream sauce 22

Burrito Chicken Bowl Mexican rice, grilled chicken breast, black beans, mango, salsa, cilantro, bell peppers, corn, jalapenos, lettuce & chipotle sauce | 22 *new*

Veal Parmesan breaded veal cutlet topped with fire roasted tomato sauce, mozzarella & parmesan cheese, served over linguine, tossed in tomato sauce with seasonal steamed vegetables | 22

Cashew Stir-fry crisp oriental vegetables and cashews stir fried in a sesame soya ginger sauce, choice of tiger prawns or chicken, served over rice | 22

Seafood Penne prawns, scallops, mussels, clams & bell peppers, tossed with penne in rose sauce 23

Thai Prawn Green Curry tiger prawns cooked with crisp oriental vegetables in Thai green curry sauce, served over rice | 22 *new*

Vietnamese Shrimp Bowl shrimp, vegetable spring rolls, cucumber, carrots, green onions, lettuce & peanuts on rice vermicelli with sweet & spicy fish sauce | 22 *new*

Ahi Tuna Poke Bowl ahi tuna poke, mango, avocado, edamame beans, carrots, cucumbers, green onions, Japanese sushi rice & sesame soya ginger vinaigrette | 23 *GF / HC*

Ginger Beef crispy fried beef strips tossed with bell peppers, onions, celery, carrots & snap peas in ginger sauce served over rice 22

Beef Korma tender pieces of beef simmered in an authentic East Indian cashew curry cream sauce, served over basmati rice with naan bread 22 *new*

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Desserts

Warm Sticky Toffee Pudding vanilla ice cream & toffee sauce | 8Triple Chocolate Mousse Cake | 7Skorbar Cheesecake baked and topped with caramel sauce | 7

Flourless Chocolate Brownie topped with vanilla ice cream & chocolate sauce | 7

Specialty Coffee

Espresso | 2.50 Americano, Cappuccino or Latte | 4 Additional Shot | 2.50 "STRESSED SPELLED BACKWARDS IS DESSERTS" - unknown -

