Starters



Sweet & Spicy Chili Fries potato fries tossed with bell peppers, carrots and onions in sweet & spicy chili sauce | 8 *GF new*

Chicken Wings 10 pieces of Brazilian chicken wings with carrot & celery sticks, ranch dip, choice of hot sauce, teriyaki sauce, sweet chili sauce, BBQ sauce, maple bacon rub, salt & pepper, honey sriracha or mango chipotle rub | 15 *GF without teriyaki* **Chicken Gyoza** 10 pieces of chicken dumplings served with sweet chili & soya sauce | 14

Asian Chicken Lettuce Wraps grilled chicken breast, cashews, bell peppers, green onions, crispy chow mien noodles, water chestnut & romaine lettuce | 15 HC

Salt & Pepper Pork Ribs served with carrot & celery sticks, creamy mustard sauce | 14 *GF*

Prime Rib Slider served with cajun remoulade & crispy onion ring in a Polynesian bun | 6

Steamed Mussels P.E.I. mussels steamed in white wine pesto cream sauce, served with garlic toast | 14 *GF without toast*

Calamari crispy fried squid rings, bell peppers, onions & banana peppers with cajun remoulade | 15

Vietnamese Shrimp Rolls six rice paper rolls stuffed with baby shrimp, lettuce and pickled vegetables, served with sweet chili sauce | 14 *GF*

Fish Tacos two tacos with mixed cheese, cabbage, avocados, salsa, crispy fried basa with sriracha aioli in flour tortillas | 14

Nachos corn chips, mixed cheese, olives, green onions, tomato, bell peppers, jalapenos, salsa & sour cream | small plate 16 | large plate 22 | guacamole add 3 | spicy beef or chicken add 3 | extra cheese add 3 *GF*

Charcuterie Montreal smoked meat, ham, prosciutto, turkey, baby bocconcini, cheddar cheese & Danish blue cheese | 16 *GF new*

Soup

Chef's Choice of Daily Soup served with choice of garlic toast or potato scallion bun | cup 4 | bowl 7

Wor Wonton Soup chicken, shrimp, pork wontons, broccoli, snap peas, carrots, bean sprouts & green onions in chicken broth | 11

The Club is committed to providing members and guests an array of menu options.

Several gluten free choices - indicated GF on the menu - as well as healthy choice items indicated HC on the menu are offered. Please note, Willow Park is not a gluten free facility.

We would be pleased to prepare custom menu options for specific allergies.



Salads



served with choice of garlic toast or potato scallion bun | add grilled salmon 10 | add grilled chicken or grilled prawns 6 | GF bread by request for an additional \$1

Classic Caesar Salad romaine lettuce, parmesan & garlic croutons in house made caesar dressing | 8 or 12 HC

Chicken Cobb Salad romaine lettuce, boiled egg, grilled chicken, bacon, tomato, cucumber, avocado, blue cheese & blue cheese dressing | 14 or 18 *GF/HC*

Mediterranean Chicken Salad grilled chicken skewers, romaine lettuce, cherry tomatoes, cucumbers, bell peppers, kalamata olives, onions, feta cheese & lemon white balsamic dressing | 14 or 18 *GF/HC new*

Grilled Ahi Tuna Salad grilled ahi tuna, spinach, mushrooms, roasted red pepper, avocados, red onions, pickled ginger & creamy wasabi dressing | 21 *GF/HC new*

Thai Prawn Salad romaine lettuce, cucumbers, peanuts, carrots, mandarin oranges, snap peas, bean sprouts, rice noodles & Thai peanut dressing | 14 or 18 HC

Teriyaki Salmon Salad teriyaki salmon, Tuscan greens, bean spouts, snap peas, carrots, cucumber, mandarin oranges, pickled ginger & sesame soya ginger vinaigrette | 21 *GF / HC*

Candied Pecan & Apple Salad spinach, apples, candied pecans, sundried cranberries, pumpkin seeds, goat cheese, apple vinaigrette | 8 or 13 *GF/HC*

Spicy Beef Taco Bowl Salad romaine lettuce, spicy ground beef, black beans, mixed cheese, green onions, tomatoes, bell peppers, salsa, ranch dressing | 18 HC

Enfrees

Fish & Chips 1 piece of tempura battered halibut served with coleslaw, fries, gravy & tartar sauce | 14 | add 2nd piece 8

Sesame Soya Ginger Salmon pineapple salsa, fried rice & steamed vegetables | 25 new

HazeInut Crusted Halibut topped with a chili lime cream sauce, served with chef's choice of potato & seasonal vegetables | 28 *GF*

8 oz New York Striploin served with chef's choice of potato & seasonal vegetables topped with either brandy peppercorn sauce, hunter sauce *GF*, or fresh herb & garlic infused butter | 30 | add garlic sautéed prawns | 6 *GF*

Red Wine Braised Boneless Short Ribs served with seasonal vegetables & mashed potatoes | 25

Jerk Pork Chop mango salsa, sweet & spicy mango aioli, seasonal vegetables & roasted potatoes | 22 *GF new*

Chicken Tenders (5 pieces) house made crispy chicken tenders, plum sauce, choice of fries or caesar salad | 16



Flatbread Pizza

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Spicy Italian Pizza Italian sausage, pepperoni, salami, mushrooms, bell peppers, pizza sauce & mozzarella cheese | 15

Chicken & Bacon Flatbread chicken, bacon, pickled jalapeno, red onions, caesar dressing & mozzarella cheese | 15 *new*

Pesto Vegetable basil pesto, mushrooms, onions, bell peppers, tomato, jalapeno peppers & mozzarella cheese | 15

Rice Bowls & Pasta

Butter Chicken marinated pieces of chicken breast simmered in an authentic East Indian cream tomato sauce, served with basmati rice & naan bread | 20

GF without naan bread

Chicken Pappardelle chicken, roasted red peppers, mushrooms & green peas, tossed in a pesto cream sauce, served with garlic toast | 20

Chicken & Sausage Penne chicken, Italian sausage, bell peppers, onions & spinach, tossed with penne pasta in a fire roasted tomato sauce | 20 *new*

Cashew Stir-fry crisp oriental vegetables and cashews stir fried in a sesame soya ginger sauce, choice of tiger prawns or chicken, served over rice | 20

Red Thai Curry cooked with water chestnuts, baby corn, bean sprouts, onions, bell peppers & fresh basil in red Thai curry sauce, choice of chicken or shrimp | 20 *GF* new

Prawn & Scallop Korma prawns & scallops cooked in an authentic East Indian creamy cashew curry sauce, served over basmati rice & naan bread | 23 *GF without naan bread*

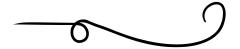
Seafood Jambalaya prawns, scallops, mussels, clams, Italian sausage & bell peppers, cooked with rice in a spicy tomato sauce, served with garlic toast | 23 *GF without toast*

Shrimp & Clam Linguini shrimp, clams, onions, garlic over linguini pasta, tossed in a cream sauce | 20 *new*

Vietnamese Shrimp Bowl rice noodles, vegetable spring rolls, carrots, green onions, garlic prawns, cucumber, peanuts, sweet & spicy fish sauce | 20 *new*

Ahi Tuna Poke Bowl ahi tuna poke, mango, avocado, edamame beans, carrots, cucumbers, green onions, Japanese sushi rice & sesame soya ginger vinaigrette | 21 *GF*

Ginger Beef crispy fried beef strips tossed with bell peppers, onions, celery, carrots & snap peas in ginger sauce served over rice | 20





Burgers & Sandwiches

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all burgers & sandwiches are served with choice of soup or salad or fries vegetables & dip add 2 | lattice or sweet potato fries add 2 | caesar salad add 1 GF bread available on request for an additional \$2

Mexican Bison Burger bison burger, corn & jalapeno salsa, guacamole, lettuce, tex-mex cheese & chipotle ranch on a brioche hamburger bun | 18 new

Premium Beef Prime Rib Burger with bacon, mushrooms, cheddar cheese, BBQ sauce, tomato & lettuce on a brioche bun | 18 option for GF bun

Steak Sandwich 8 oz certified angus beef striploin, garlic toast, sautéed mushrooms & crispy onions | 26

Roast Beef Dip roast beef, caramelized onions, swiss cheese on a panini bun with au jus | 16

Montreal Smoked Meat Sandwich smoked meat, swiss cheese, sauerkraut & dijon on rye bread | 15

Willow Park Club Sandwich turkey, fried egg, bacon, cheddar cheese, lettuce & tomato on your choice of whole wheat, white, multigrain or rye bread | 16

Buffalo Chicken Wrap crispy fried chicken, buffalo sauce, carrots, mixed cheese, lettuce, tomatoes & ranch dressing wrapped in a flour tortilla | 16

Tandoori Chicken Wrap Tandoori chicken, sauteed bell peppers, onions, lettuce, jalapeno jack cheese & curry mayo wrapped in naan bread | 16 new

Nashville Chicken Sandwich crispy fried chicken breast, mango chipotle BBQ sauce, chipotle coleslaw & pickles on a brioche hamburger bun | 16

Desserts

Warm Sticky Toffee Pudding vanilla ice cream & toffee sauce | 7

Triple Chocolate Mousse Cake | 7

Apple Crisp Meltaway with vanilla ice cream | 7

White Chocolate, Lemon & Cranberry Cheesecake | 7

Rainbow Sorbet | 5

Specialty Coffee

Espresso | 2.50

Americano | 4 Cappuccino | 4

Latte | 4

Additional Shot | 2.50

