#### **Starters**



**Chicken Wings** 10 pieces of Brazilian chicken wings with carrot & celery sticks, ranch dip, choice of hot sauce, teriyaki sauce, sweet chili sauce, BBQ sauce, maple bacon rub, salt & pepper, honey sriracha or mango chipotle rub | 15 *GF without teriyaki* **Chicken Gyoza** 10 pieces of chicken dumplings served with sweet chili & soya sauce | 14

**Asian Chicken Lettuce Wraps** grilled chicken breast, cashews, bell peppers, green onions, crispy chow mien noodles, water chestnut & romaine lettuce | 15 HC

**Salt & Pepper Pork Ribs** served with carrot & celery sticks, creamy mustard sauce 1 15 *GF* 

**Prime Rib Slider** served with cajun remoulade & crispy onion ring in a Polynesian bun | 7

**Short Rib Poutine** crispy fries, topped with braised short rib, cheese curds and gravy | 15 *new* 

**Steamed Mussels** P.E.I. mussels steamed in white wine pesto cream sauce, served with garlic toast | 14 *GF without toast* 

**Calamari** crispy fried squid rings, bell peppers, onions & banana peppers with cajun remoulade | 15

**Vietnamese Shrimp Rolls** six rice paper rolls stuffed with baby shrimp, lettuce and pickled vegetables, served with sweet chili sauce | 14 *GF* 

**Fish Tacos** two tacos with mixed cheese, cabbage, avocados, salsa, crispy fried basa with sriracha aioli in flour tortillas | 15

**Prosciutto Wrapped Prawns** served with warm pineapple chutney | 15 *GF/HC* new

**Nachos** corn chips, mixed cheese, olives, green onions, tomato, bell peppers, jalapenos, salsa & sour cream | small plate 16 | large plate 22 | guacamole add 3 | spicy beef or chicken add 3 | extra cheese add 3 | GF

## Soup

**Chef's Choice of Daily Soup** served with choice of garlic toast or potato scallion bun | cup 4 | bowl 7

**Wor Wonton Soup** chicken, shrimp, pork wontons, broccoli, snap peas, carrots, bean sprouts & green onions in chicken broth | 11

The Club is committed to providing members and guests an array of menu options.

Several gluten free choices - indicated GF on the menu - as well as healthy choice items indicated HC on the menu are offered. Please note, Willow Park is not a gluten free facility.

We would be pleased to prepare custom menu options for specific allergies.



Salads

served with choice of garlic toast or potato scallion bun | add grilled salmon 10 | add grilled chicken or grilled prawns 6 | *GF bread by request for an additional \$1* 

**Classic Caesar Salad** romaine lettuce, parmesan & garlic croutons in house made caesar dressing | 8 or 12 HC

**Chicken Cobb Salad** romaine lettuce, boiled egg, grilled chicken, bacon, tomato, cucumber, avocado, blue cheese & blue cheese dressing | 14 or 18 *GF/HC* 

**Blackened Chicken & Berry Salad** Tuscan greens, strawberries, blueberries, peaches, candied pecans, carrots, sundried apricots, goat cheese & maple dijon vinaigrette | 18 *GF/HC new* 

**Curry Prawn & Grilled Pineapple Salad** Tuscan greens, mango, grilled pineapple, grilled fennel, red pepper, carrots, curried prawns, cucumber, sweet & sour spicy ginger lime vinaigrette | 18 *GF/HC new* 

**Thai Prawn Salad** romaine lettuce, cucumbers, peanuts, carrots, mandarin oranges, snap peas, bean sprouts, rice noodles & Thai peanut dressing | 14 or 18 HC

**Teriyaki Salmon Salad** teriyaki salmon, Tuscan greens, bean spouts, snap peas, carrots, cucumber, mandarin oranges, pickled ginger & sesame soya ginger vinaigrette | 21 *GF / HC* 

**Candied Pecan & Apple Salad** spinach, apples, candied pecans, sundried cranberries, pumpkin seeds, goat cheese, apple vinaigrette | 8 or 13 *GF/HC* **Spicy Beef Taco Bowl Salad** romaine lettuce, spicy ground beef, black beans, mixed cheese, green onions, tomatoes, bell peppers, salsa, ranch dressing | 18 *HC* 

#### Entrees

**Fish & Chips** 1 piece of tempura battered halibut served with coleslaw, fries, gravy & tartar sauce | 14 | add 2nd piece 8

**Baked Atlantic Salmon** lemon caper cream sauce, served with chef's choice of potato & seasonal vegetables  $| 25 \ GF \ new$ 

**Blackened Mahi-Mahi** creole prawns, served with chef's choice of potato & seasonal vegetables | 27 *GF/HC new* 

**Baked Seafood** prawns, scallops, clams, mussels & halibut, cooked in dill cream sauce, baked over rice, served with seasonal vegetables | 25 *GF new* 

**8 oz New York Striploin** served with chef's choice of potato & seasonal vegetables topped with either brandy peppercorn sauce, hunter sauce *GF*, or fresh herb & garlic infused butter | 30 | add garlic sautéed prawns | 6 *GF* 

**Shepard's Pie** ground beef cooked with carrots & peas, topped with mashed potatoes, served with caesar salad | 20 *new* 

**Red Wine Braised Boneless Short Ribs** served with seasonal vegetables & mashed potatoes | 25

**Pork Schnitzel** wild mushroom & marsala wine sauce, served with chef's choice of potato & seasonal vegetables | 22 *new* 

**Chicken Tenders** (5 pieces) house made crispy chicken tenders, plum sauce, choice of fries or caesar salad | 16



## **Flatbread Pizza**

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**Spicy Italian Pizza** Italian sausage, pepperoni, salami, mushrooms, bell peppers, pizza sauce & mozzarella cheese | 15

**Chicken & Bacon Flatbread** chicken, bacon, pickled jalapeno, red onions, caesar dressing & mozzarella cheese | 15

**Mexican Beef** spicy ground beef, salsa, pickled jalapenos, olives, bell peppers, onions & tex-mex cheese | 15 new

### Rice Bowls & Pasta

**Butter Chicken** marinated pieces of chicken breast simmered in an authentic East Indian cream tomato sauce, served with basmati rice & naan bread | 21 GF without naan bread

**Mediterranean Chicken Penne** penne pasta topped with chicken breast, tossed with sundried tomatoes, spinach, artichokes, onions, bell peppers & tomato sauce | 21 new

**Veal Parmesan** breaded veal cutlet topped with fire roasted tomato sauce, mozzarella & parmesan cheese, served over linguine tossed in basil pesto | 21 new **Cashew Stir-fry** crisp oriental vegetables and cashews stir fried in a sesame soya ginger sauce, choice of tiger prawns or chicken, served over rice | 21 **Red Thai Curry** cooked with water chestnuts, baby corn, bean sprouts, onions, bell peppers & fresh basil in red Thai curry sauce, choice of chicken or shrimp | 21 *GF* **Prawn & Scallop Korma** prawns & scallops cooked in an authentic East Indian creamy cashew curry sauce, served over basmati rice & naan bread | 23

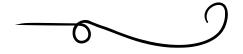
**Seafood Jambalaya** prawns, scallops, mussels, clams, Italian sausage & bell peppers, cooked with rice in a spicy tomato sauce, served with garlic toast | 23 *GF without toast* 

**Shrimp & Clam Linguini** shrimp, clams, onions, garlic over linguini pasta, tossed in a cream sauce | 21

**Vietnamese Shrimp Bowl** rice noodles, vegetable spring rolls, carrots, green onions, garlic prawns, cucumber, peanuts, sweet & spicy fish sauce | 20

**Ahi Tuna Poke Bowl** ahi tuna poke, mango, avocado, edamame beans, carrots, cucumbers, green onions, Japanese sushi rice & sesame soya ginger vinaigrette | 22 *GF* 

**Ginger Beef** crispy fried beef strips tossed with bell peppers, onions, celery, carrots & snap peas in ginger sauce served over rice | 20





GF without naan bread

# Burgers & Sandwiches

all burgers & sandwiches are served with choice of soup or salad or fries vegetables & dip add 2 | lattice or sweet potato fries add 2 | caesar salad add 1 GF bread available on request for an additional \$2

**Elk Burgers** elk patty, fig jam, blue cheese, crispy onion rings, roasted garlic aioli & spinach on a brioche hamburger bun | 18 new

**Premium Beef Prime Rib Burger** with bacon, mushrooms, cheddar cheese, BBQ sauce, tomato & lettuce on a brioche bun | 18 option for GF bun

**Steak Sandwich** 8 oz certified angus beef striploin, garlic toast, sautéed mushrooms & crispy onions | 26

**Roast Beef Dip** roast beef, caramelized onions, swiss cheese on a panini bun with au jus | 16

**Montreal Smoked Meat Sandwich** smoked meat, swiss cheese, sauerkraut & dijon on rye bread | 15

**Willow Park Club Sandwich** turkey, fried egg, bacon, cheddar cheese, lettuce & tomato on your choice of whole wheat, white, multigrain or rye bread | 16

**Buffalo Chicken Wrap** crispy fried chicken, buffalo sauce, carrots, mixed cheese, lettuce, tomatoes & ranch dressing wrapped in a flour tortilla | 16

**Pesto Chicken Ciabatta** grilled chicken breast, pesto mayo, jalapeno jack cheese, grilled bell peppers, onions, banana peppers, lettuce & tomato on a ciabatta bun | 16 new

**Nashville Chicken Sandwich** crispy fried chicken breast, mango chipotle BBQ sauce, chipotle coleslaw & pickles on a brioche hamburger bun | 16

#### **Desserts**

Warm Sticky Toffee Pudding vanilla ice cream & toffee sauce | 7
Triple Chocolate Mousse Cake | 7
Apple Crisp Meltaway with vanilla ice cream | 7
White Chocolate, Lemon & Cranberry Cheesecake | 7
Rainbow Sorbet | 5

## Specialty Coffee

Espresso | 2.50
Americano | 4
Cappuccino | 4
Latte | 4
Additional Shot | 2.50

