## Starters

**Chicken Wings** 10 pieces of Brazilian chicken wings with carrot sticks, celery sticks, ranch dip & choice of hot sauce, teriyaki sauce, sweet chili sauce, BBQ sauce, maple bacon rub, salt & pepper, honey sriracha *new* or mango chipotle rub | 15 *GF without teriyaki* 

**Chicken Gyoza** 10 pieces of chicken dumplings served with sweet chili & soya sauce | 14

**Asian Chicken Lettuce Wraps** grilled chicken breast, cashews, bell peppers, green onions, crispy chow mien noodles, water chestnut & romaine lettuce | 14 *HC new* 

**Salt & Pepper Pork Ribs** served with carrot & celery sticks, creamy mustard sauce | 14 *GF* 

Coconut Crusted Prawns served with pineapple chutney | 14

**Steamed Mussels** P.E.I. mussels steamed in white wine pesto cream sauce, served with garlic toast | 13 *GF without toast* 

**Calamari** crispy fried squid rings, bell peppers, onions & banana peppers with cajun remoulade | 14

**Vietnamese Shrimp Rolls** 6 rice paper rolls stuffed with baby shrimps, lettuce and pickled vegetables, served with sweet chili sauce | 14 *GF new* 

**Fish Tacos** two tacos with mixed cheese, cabbage, avocados, salsa, crispy fried basa with sriracha aioli in flour tortillas | 14

Nachos corn chips, mixed cheese, olives, green onions, tomato, bell peppers,

jalapenos, salsa & sour cream | small plate 16 | large plate 21 | guacamole add 3 | spicy beef or chicken add 3 | extra cheese add 3 *GF new* 

**Prime Rib Slider** served with cajun remoulade & crispy onion ring in a Polynesian bun | 6 *new* 

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**Chef's Choice of Daily Soup** served with choice of garlic toast or potato scallion bun | cup 4 | bowl 7

**Wor Wonton Soup** chicken, shrimp, pork wontons, broccoli, snap peas, carrots, bean sprouts & green onions in chicken broth 8

The Club is committed to providing members and guests an array of menu options. Several gluten free choices – indicated GF on the menu – as well as healthy choice items indicated HC on the menu are offered. Please note, Willow Park is not a gluten free facility. We would be pleased to prepare custom menu options for specific allergies.



## Salads

served with choice of garlic toast or potato scallion bun | add grilled salmon 10 | add grilled chicken or grilled prawns 6 | *GF bread by* request for an additional \$1

**Classic Caesar Salad** romaine lettuce, parmesan & garlic croutons in house made caesar dressing | 8 or 12 *HC* 

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**Chicken Cobb Salad** romaine lettuce, boiled egg, grilled chicken, bacon, tomato, cucumber, avocado, blue cheese & blue cheese dressing | 14 or 18 *GF/HC* 

**Jerk Chicken Salad** jerk chicken breast, mixed greens, mango, mandarin oranges, red peppers, red onions, sundried apricots & orange vinaigrette | 14 or 18 *GF/HC new* 

**Thai Prawn Salad** romaine lettuce, cucumbers, peanuts, carrots, mandarin oranges, snap peas, bean sprouts, rice noodles & Thai peanut dressing | 14 or 18 *HC new* 

**Teriyaki Salmon Salad** teriyaki salmon, tuscan greens, bean spouts, snap peas, carrots, cucumber, mandarin oranges, pickled ginger & sesame soya ginger vinaigrette | 20 *GF/HC* 

**Candied Pecan & Apple Salad** spinach, apples, candied pecans, sundried cranberries, pumpkin seeds, goat cheese, apple vinaigrette | 8 or 13 *GF/HC new* 

**Spicy Beef Taco Bowl Salad** romaine lettuce, spicy ground beef, black beans, mixed cheese, green onions, tomatoes, bell peppers, salsa & ranch dressing | 18 *HC new* 

## Entrees

**Fish & Chips** 1 piece of tempura battered halibut served with coleslaw, fries, gravy & tartar sauce | 14 | add 2nd piece 8

**Prosciutto Wrapped Salmon** mango-pineapple salsa, fried rice & seasonal vegetables | 25 *GF new* 

**HazeInut Crusted Halibut** topped with a chili lime cream sauce, served with chef's choice of potato & seasonal vegetables | 28 *GF* 

**8 oz New York Striploin** served with chef's choice of potato & seasonal vegetables topped with either brandy peppercorn sauce, hunter sauce GF, or fresh herb & garlic infused butter | 29 | add garlic sautéed prawns | 6 *GF* 

**Red Wine Braised Boneless Short Ribs** served with seasonal vegetables & mashed potatoes 24

**Bacon Wrapped Pork Tenderloin** with mushroom sauce, served with chef's choice of potato & seasonal vegetables | 22 *GF* 

**Chicken Tenders** (5 pieces) house made crispy chicken tenders, plum sauce, choice of fries or caesar salad | 15



Hatbread Pizza

**Spicy Italian Pizza** Italian sausage, pepperoni, salami, mushrooms, bell peppers, pizza sauce & mozzarella cheese | 15 *new* 

Bacon, Chicken & Ranch bacon, chicken, bell peppers, onions, ranch, banana peppers & mozzarella cheese | 15

**Pesto Vegetable** basil pesto, mushrooms, onions, bell peppers, tomato, jalapeno peppers & mozzarella cheese | 15 *new* 

Rice Bowls & Pasta

**Butter Chicken** marinated pieces of chicken breast simmered in an authentic East Indian cream tomato sauce, served with basmati rice & naan bread | 20 *GF without naan bread* 

**Chicken Pappardelle** chicken, roasted red peppers, mushrooms & green peas, tossed in a pesto cream sauce, served with garlic toast 20

**Chicken Parmesan** breaded chicken breast topped with parmesan cheese, mozzarella cheese & tomato sauce, served over a bed of spaghetti pasta tossed in fire roasted tomato sauce | 20 *new* 

**Cashew Stir-fry** crisp oriental vegetables and cashews stir fried in a sesame soya ginger sauce with a choice of tiger prawns or chicken, served over rice | 20

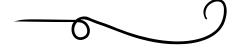
**Prawn & Scallop Korma** prawns & scallops cooked in an authentic East Indian creamy cashew curry sauce, served over basmati rice & naan bread | 23 *GF without naan bread* 

**Prawn Diablo** tiger prawns, bell peppers, onions, mushrooms & penne pasta, tossed in a spicy chunky tomato cream sauce, served with garlic toast | 20

**Seafood Jambalaya** prawns, scallops, mussels, clams, Italian sausage & bell peppers, cooked with rice in a spicy tomato sauce, served with garlic toast | 23 *GF without toast new* 

**Ahi Tuna Poke Bowl** ahi tuna poke, mango, avocado, edamame beans, carrots, cucumbers green onions, Japanese sushi rice & sesame soya ginger vinaigrette | 21 *GF new* 

**Ginger Beef** crispy fried beef strips tossed with bell peppers, onions, celery, carrots & snap peas in ginger sauce served over rice 20





Burgers & Sandwiches

all burgers & sandwiches are served with choice of soup or salad or fries vegetables & dip add 2 | lattice or sweet potato fries add 2 | caesar salad add 1 *GF bread available on request for an additional \$2* 

**Premium Beef Prime Rib Burger** with bacon, mushrooms, cheddar cheese, BBQ sauce, tomato & lettuce on a brioche bun | 18 *option for GF bun* 

**Steak Sandwich** 8 oz certified angus beef striploin, garlic toast, sautéed mushrooms & crispy onions | 25

**Roast Beef Dip** roast beef, caramelized onions, swiss cheese on a panini bun with au jus | 16

**Montreal Smoked Meat Sandwich** smoked meat, swiss cheese, sauerkraut & dijon on rye bread | 15 *new* 

**Willow Park Club Sandwich** turkey, fried egg, bacon, cheddar cheese, lettuce & tomato on your choice of whole wheat, white, multigrain or rye bread | 15 *new* 

**Buffalo Chicken Wrap** crispy fried chicken, buffalo sauce, carrots, mixed cheese, lettuce, tomatoes & ranch dressing wrapped in a flour tortilla | 15 **Nashville Chicken Sandwich** crispy fried chicken breast, mango chipotle BBQ

sauce, chipotle coleslaw & pickles on a brioche hamburger bun | 16

**Grilled Ahi Tuna Burger** medium rare Ahi tuna steak, spicy pineapple & jalapeno salsa, sriracha aioli, lettuce & pickled ginger on a brioche hamburger bun | 18

Desserts

Warm Sticky Toffee Pudding vanilla ice cream & toffee sauce | 7 Triple Chocolate Mousse Cake | 7 Apple Crisp Meltaway with vanilla ice cream | 7 White Chocolate, Lemon & Cranberry Cheesecake | 7 Rainbow Sorbet | 5

> "STRESSED SPELLED BACKWARDS IS DESSERTS" - unknown

